



Root & Branch 2023-2025

Root & Branch help people who experience mental health difficulties, such as depression, anxiety, schizophrenia and bi-polar disorder. Located on an organic farm in the beautiful Vale of the White Horse, we take our service users on a journey through a wide range of interesting activities to help them to regain their self-esteem, lead a fuller life and get them ready for the next stage of their life journey.

Measurement

By measuring our service users progress to wellness using objective and subjective tools

Strategy

Using the therapeutic nature of gardening and learning to deliver a recovery journey that enables people to live their best lives when they leave us

Vision

Everyone, regardless of their mental health challenges, can lead a fulfilling and contented life

Values

We believe in respecting everyone's individuality, using the power of gardening and nature to develop new skills in a supportive community to enable recovery

Mission

To help adults on their recovery towards mental and emotional well-being



Our mission

To help adults on their recovery towards mental and emotional well-being

We help adults on the recovery towards mental and emotional wellbeing, encouraging creativity, physical activity and promoting good nutrition through healthy eating.

We support adults with severe enduring mental health difficulties to gain new confidence and learn new skills using the power of the gardening and nature.

We want people with mental health issues to:

- Be empowered to live fulfilled lives with meaning and purpose
- Have self-esteem and confidence

We want society to be non-judgemental, inclusive and accepting of people with mental health issues.



Our Values

We believe in respecting everyone's individuality, using the power of gardening and nature to develop new skills in a supportive community to enable recovery

The power of the nature

We believe in the power of gardening and nature in the process of healing

Create a safe space

We are committed to creating a safe and secure place where people are respected, trusted and supported

Compassionate and inclusive

We show compassion and we are non-judgemental and inclusive

Learning aids recovery

We believe that learning new skills as part of a supportive community enables recovery

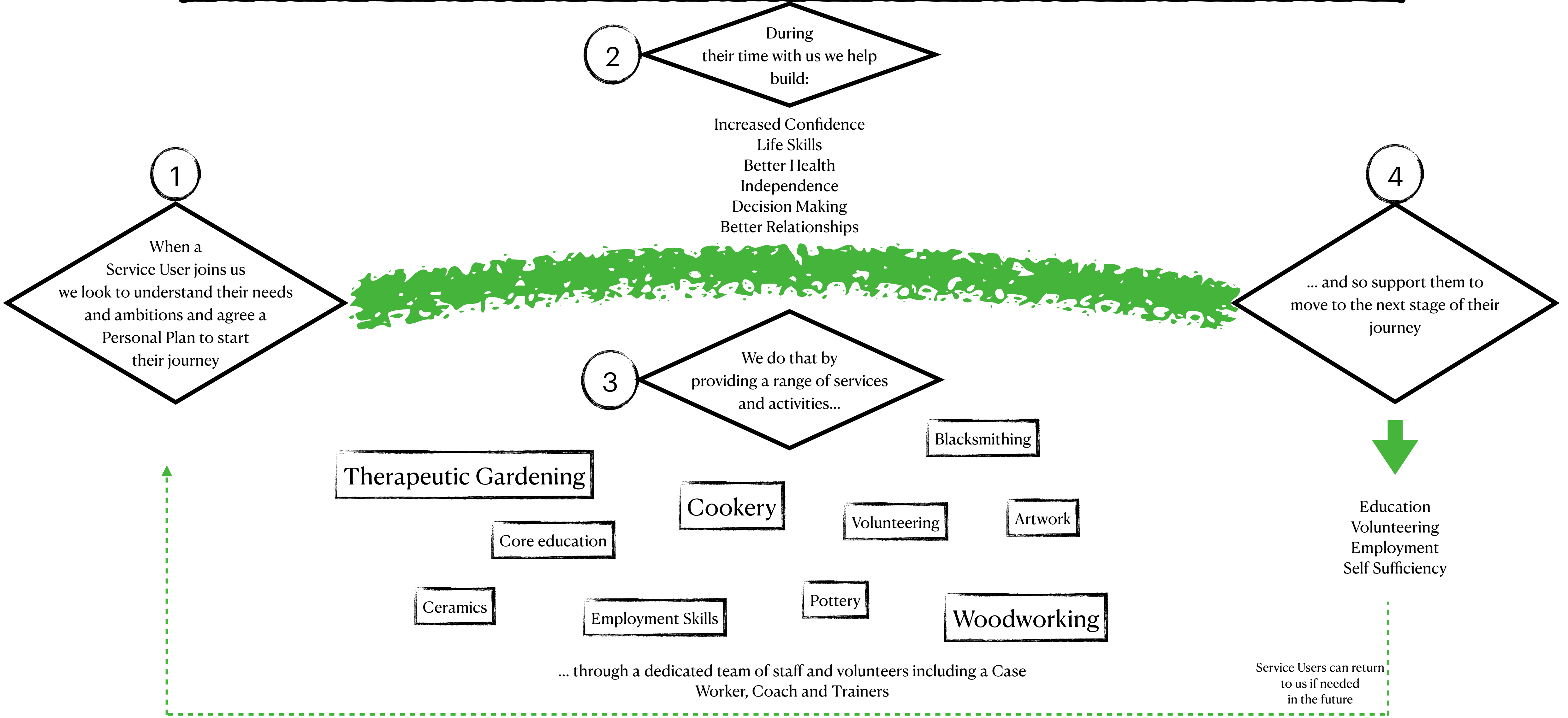
Everyone is an individual

We recognise that everyone has their own path to recovery



Our Vision

Everyone, regardless of their mental health challenges, can lead a fulfilling and contented life





Our Strategy 2023-2025

Using the therapeutic nature of gardening and learning to deliver a recovery journey that enables people to live their best lives now and in the future



Our objectives

Our service will be centred around physical outdoor activity with Therapeutic Gardening at its core.

Our service will be tailored to meet the needs of different people and can include a key worker and other support such as counselling and literacy

All our service users will have a clear plan and a sense of purpose, helping them towards the next stage of their journey.

Typically service users will move on within 3 years of joining us, but we accept others may need support for longer.

We will have effective outreach to the community so people better understand what we do and how we help.

Our service will be sustainable and make a positive contribution to the environment

Our scope

Our staff team will have the resources, time and ways of working to support our service users journey

We will have a strong team of volunteers who are committed to the charity.

Our staff and volunteers will have the training and continuous development they need so they feel supported, confident and autonomous

Our facilities will be welcoming, accessible and provide what we need to deliver our service users plans.

We will have sustainable finances, from multiple sources

We will monitor what we deliver and how effective it is on improving the outcomes for our service users.



Measurement

By measuring our service users progress to wellness using objective and subjective tools

Objective

Delivery of Service

We will measure the effectiveness of our service delivery with Service Users, understanding their progress over time to achieve their individual goals.

Usage of resources measurement

We will assess how we are using the resources available to us, to ensure we can maximise benefits to Service Users by using those resources most effectively.

Funding Measurement

Will will set core funding targets, which we will measure over time, ensuring we have the resources needed to deliver our support for Service Users.

Subjective

We will seek stories and feedback from Service Users, Staff members, Volunteers and the community to help us assess how we are delivering our service, what is working well, and what can be improved.

We will also track how we engage with the local community to encourage referrals, volunteers and donations.