



AGM 2023-24



Participant Feedback

“Amazing for my recovery”

“Thank you for giving me the joy of writing”

“I am now eating a healthy, wide range of foods”

“Lovely to be outdoors as I don’t have a garden”



“Staff are supportive and helpful”

“It has a calming effect and builds my confidence”

“Every volunteer is important, teaching us knowledge, skills and hobbies”

“It is the most beautiful, safe and welcoming environment”

Healthy Hearts Project



- Funding from Oxfordshire County Council
- Tai Chi
- Pilates
- Seated exercise
- May Messy
- Personal Trainer
- Nutrition Course

Clears
my
head

Better
than
physio

77%
enjoyed
taking part
in physical
activities





Crafting and Workshop



Really
enjoyed
willow
weaving

We've
renamed
crat today
to laugh
and craft

Therapeutic Garden

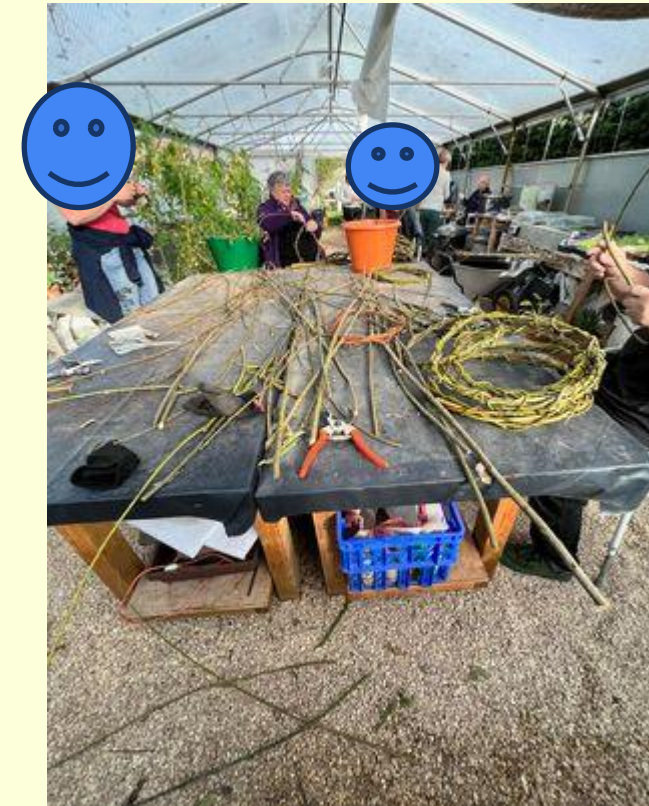


It boosts my mood
massively and gives
me a purpose and
routine





May Plant Fayre: £3,400



Winter Fayre: £3550

Challenges

New staffing team

Branching out

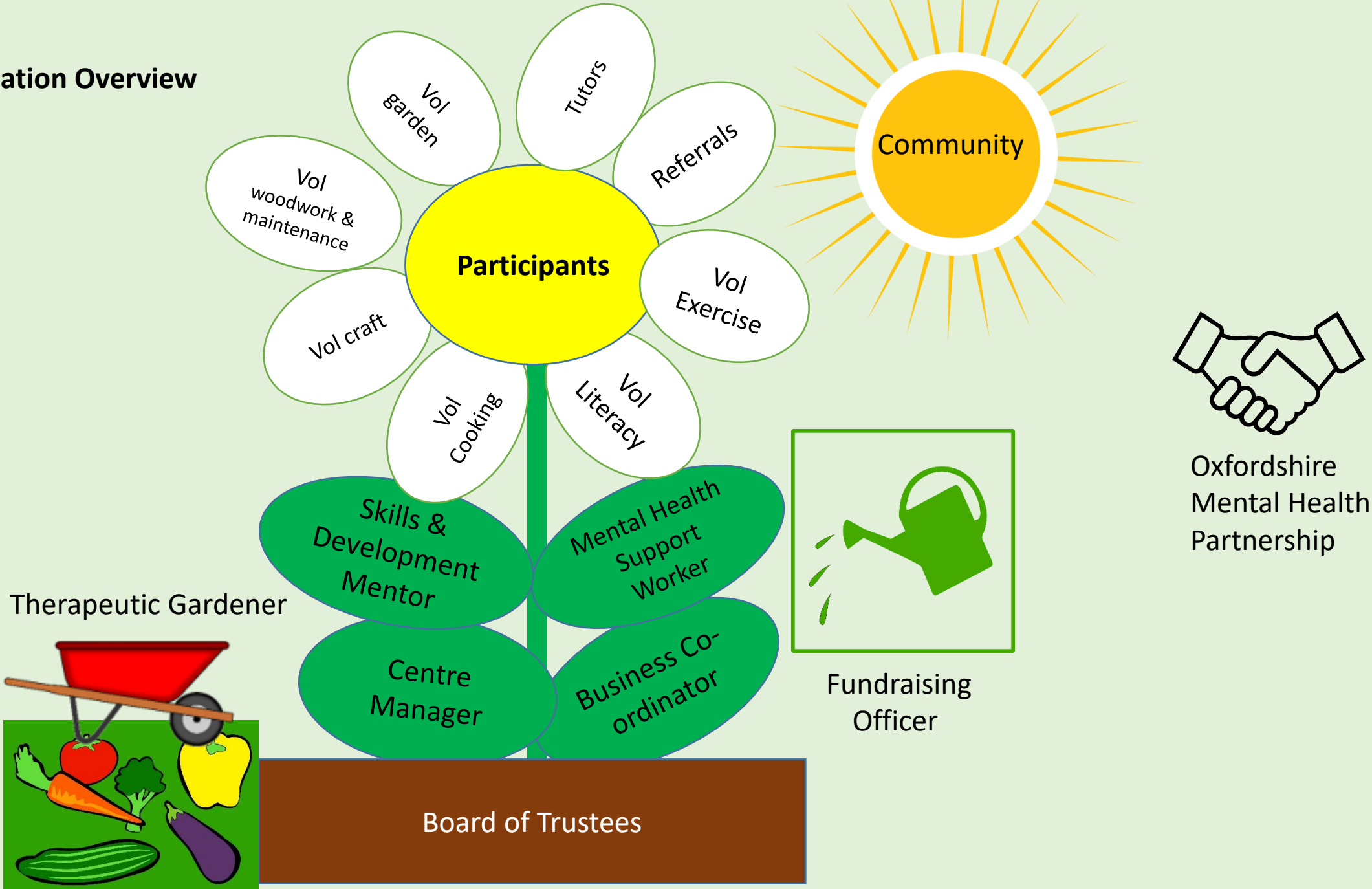
Fundraising

Capacity

Complex / acute cases



Organisation Overview



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