ROOT & BRANCH

Annual Review2010

APRIL 2009 TO MARCH2010

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Looking ahead

We have had another successful, eventful and fun year at Root & Branch. But we need also to look ahead so that we can continue to provide our services to those that need them.

Our core funding comes from Oxfordshire Primary Care Trust (PCT). Our current contract with the trust was due to end in January 2010 but has been rolled forward once more.

The PCT have asked for bids that provide an Oxfordshire-wide service. As we cannot do this on our own, we have teamed up with other organisations to make a bid. We are pleased to announce that we have successfully pre-qualified and have, as a group, been invited to bid.

We hope to be successful in our bid to the PCT but recognise that this will not give us all the funding we need. We are therefore developing a business plan in which we continue to offer our current service, but also offer services to other groups of people with different needs. Our trustees have met with those of Bridewell and we have agreed to develop this business plan jointly with them.

Our new totem pole

Major achievements and events

During the year, we

- Helped a total of 37 people with mental health problems some of whom have moved on to employment, education or voluntary work.
- Continued to operate a healthy-eating activity throughout Oxfordshire with support from the Big Lottery Funded chances4change programme
- Sustained and developed our team of dedicated volunteers who have a wide range of skills and expertise to share.
- Succeeded in obtaining major funding from Zurich Community Trust and Lloyds TSB Foundation.
- Forged a close relationship with Faringdon and District Rotary Club resulting in the club supporting us in many ways.
- Held a successful open day in July 2009 which raised just over £1000.
- Completed and erected a 6 metre high totem pole to add to the exciting features around our site. Many service users helped to carve the pole during the previous year.
- Created a new and attractive gravel garden from a previously unpromising weed-infested, hard-standing area. This project was conceived and led by Susan, one of our service users.
- Developed a closer relationship with Bridewell Organic Gardens that we hope will lead to successful future collaboration.
- Completed the forged lettering, "Faringdon" that now can be seen when you enter Faringdon on the road from Lechlade.
- Gratefully received a new lawn mower and other help from Honda.
- Maintained our transport service for clients, to help them reach our site

Susan's new gravel garden

Faringdon sign made in our forge

Our many therapeutic activities

During the period we engaged in many activities including

- Gardening and horticultural activities.
- Woodworking including turning and cabinet making.
- Crochet work
- Metalwork including forging and welding.
- Drawing and painting.
- Photography.
- Pottery and ceramics.
- Mosaic making.
- Soap making
- Nutritional cooking.
- Singing.
- Weaving
- Wool spinning and dyeing
- Christmas wreath making

"Root and Branch has helped me to get enough confidence to start an English course and a computer course. I hope to eventually go on to employment."

Pictures of activities

Painting

Onion and potato harvest

Tomato harvest

Pottery work

Crochet work

Soap making

Photography

Weaving

Wild food foray

Open day fun

Bird table made in woodwork shop

Food preparation

New Honda mower in use

Wool dyeing

Financial review

The year was a prosperous one in which our turnover grew from the previous year and our income exceeded our expenditure.

Our full accounts for the year ending March 2010 can be found on the Charity Commission web site. Just go to www.charity-commission.gov.uk and type our charity number 1088493 into the search box. Below is a copy of the main table from our accounts.

The bar chart to the right summarises our income and expenditure over the last five financial years. We ran a six-month "year" ending in 2008 in order to bring our financial year into line with that of the PCT. This is why the figures for 2008 are low.

Our biggest single income source was the Oxfordshire Primary Care Trust (PCT) as is shown in the pie chart. The next biggest was Oxfordshire Council (OCC) to cover the cost of taking clients to R&B and back home. We also received major funding from the Big Lottery fund to run a healthy eating activity for Oxfordshire.

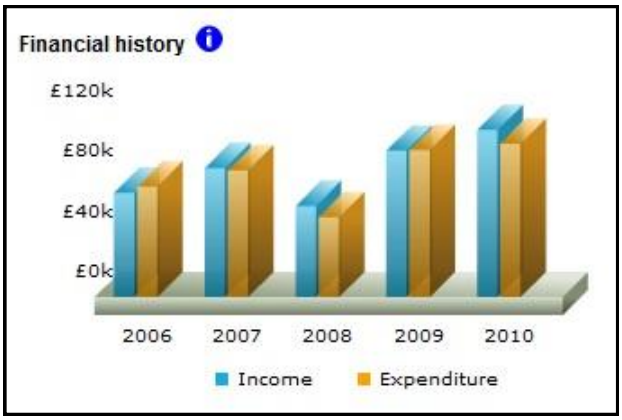
We were pleased to receive major donations from Zurich Community Trust and Lloyds TSB Foundation.

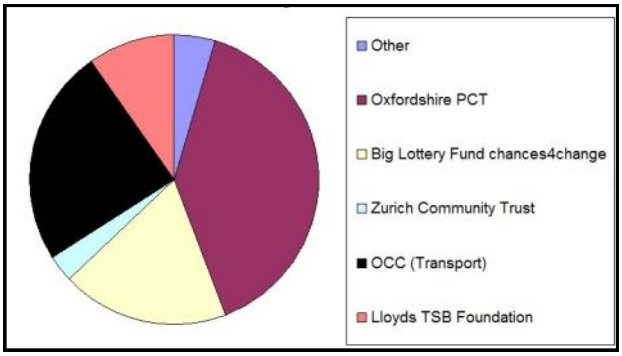
The bottom pie chart shows where the money was spent..

ROOT AND BRANCH - WESTMILL 5.

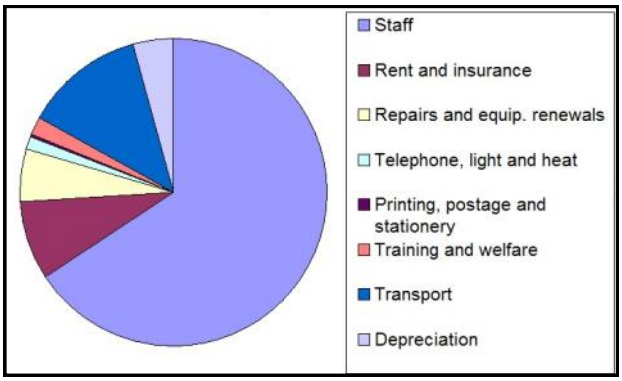
STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31st March 2010

Notes		Unrestricted Funds £	Restricted Funds £	Total Funds £	2009 Total Funds £
	Incoming Resources				
	Incoming resources from generated funds				
2	Voluntary income	40,588	69,667	110,255	96,317
	Investment income	34	-	34	353
	Total incoming resources	40,622	69,667	110,289	96,670
	Resources Expended				
3	Charitable activities	39,157	61,210	100,367	96,252
4	Governance costs	864	-	864	829
	Total resources expended	40,021	61,210	101,231	97,081
	Net incoming resources	601	8,457	9,058	(411)
	TOTAL FUNDS brought forward	24,436	5,587	30,023	30,434
	TOTAL FUNDS carried forward	£25,037	£14,044	£39,081	£30,023





Where our income came form



Where the money was spent

Views from service users

'I was introduced to R&B by my doctor and have been coming here for nearly three months. I find it very relaxing here and enjoy the gardening, it has given me the confidence to go out more and face up to interviews and work.'

Soon after this 'M' started a work experience placement which led to paid employment

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'I started at Root and Branch at a time in my life when things were really tough because of my depression and so I was doing nothing. R&B really helped me to get out and meet people and to get my life back on track. Combined with career advice [from New Start] R&B has been the catalyst for enabling me to move forward with fresh focus and confidence and, therefore, move into further education.'

'S' is on a one-year access course in Sciences, intended to lead to an environmental science degree course.

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'Even at my worst, I will attend R&B and it'll break the cycle of anxiety.'

Root & Branch

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Oxfordshire SN6 8TH
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Email: rootandbranch@btconnect.com
Web: www.rootandbranch.info
Charity number 1088493

Therapeutic garden and rural crafts for people in Oxfordshire and elswhere experiencing mental health difficulties.

Located on an organic farm in the beautiful Vale of the White Horse, Root & Branch provides the opportunities for people to engage in a range of interesting activities to help them to

- **Learn new skills**
- **Prepare for future employment**
- **Participate in interesting activities**
- **Meet new people**
- **Recover confidence**
- **Provide structure to the week**
- **Spend time in the country**

Activities include gardening, blacksmithing, woodworking, rural crafts, artwork, computer skills and involvement with the local community.

Thank you to our many supporters

We are extremely grateful for the many individuals and organisations that make Root & Branch possible.

Funders and doners

Major funders are show in **Bold**.

Faringdon 41 Club, **Big Lottery Fund—South East Coast NHS chances4change programme**, Blewbury Parish Council, Faringdon and District Rotary Club, Fernham WI, Fitton Trust, Highworth Gardeners Club, Kelmscott Manor (donations from individuals there), Honda, Kennington Parish Council, **Lloyds TSB Foundation for England and Wales**, Lord Faringdon Charitable Trust, Longcot Friday Fellowship, Oak Dragons Camp, Oxford Community Foundation, **Oxfordshire Primary Care Trust**, Sing Faringdon, and **Zurich Community Foundation**.

Added to which, many of our Members have made donations along with their membership fee.

Volunteers

Angela Pawlyn, Anna Callam-Anderson, Catherine Bates, Chris Park, Christopher Frith, Dave Butterworth, Dave Rogers, Denise Cocquerel, Gordon Davidson, Graham Arrondelle, Ian Matheson, JJ Howell, Lynda Booth, Margaret Farthing, Liz & Mary Faulkner, Miyuki Langton, Nicky Harrison, Nici Dunkelman, Nikki Newhouse, Nina Chandler, Peter Moss, Rachel Scott, Rebecca Brain, Roy Hanson, Tanya West, Ted Talbot, Trevor Townsend, Usha Hollick and Valerie Mackenzie.

Trustees

Dave Butterworth (Secretary), Chloe Cooke, Mike East (past chair, resigned in September 2009), Ian Matherson (co-chair), Brian Mildenhall (treasurer), Alex Mullins, and Trish Wickstead (co-chair).

Advisor to trustees

Yvonne Castellano.

Staff

Faith Mitchell (manager) and Cathy Turbinskyj (garden supervisor).

Patron

Adam Twine.

Brrrrr! It was a cold winter.

But we were warm inside.

Lloyds TSB Foundation for England and Wales

chances4change
Improving health and well-being for people in South East England

ZURICH Community Trust